



St. Andrew's Regional High School ISLAND CATHOLIC SCHOOLS

880 McKenzie Ave
Victoria, BC V8X 3G5
Web: www.standrewshigh.ca
Email: sarhs@cisdv.bc.ca
Tel: 250-479-1414
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Principal: Glen Palahicky
gpalahicky@cisdv.bc.ca

Vice Principal: Ciaran McLaverty
cmclaverty@cisdv.bc.ca

Mission Statement: St. Andrew's Regional High School strives to develop Catholic-Christian values in students by openly stating and celebrating our belief in the values Jesus taught. Our commitment to excellence in education of the whole person guides our decision-making. Our goal is to provide each student with opportunities to gain the knowledge, skills and values necessary to respond to personal challenges with faith, hope, and love.

November 18, 2021

Principal's Message

Dear Families of St. Andrew's Regional High School,

Our school days continue to be full of good and creative things. This was on full display on Wednesday night at our evening Coffee House. It was such a joy to see and hear the wonderful music from our talented students. It was a real blessing for all who attended. I know a few parents were asking about our new Performing Arts Wing that is moving along nicely. The drywall is completed along with most of the painting. There are still many finishing touches, but we are aiming to be in our new wing for the second semester at the end of January. No more lugging big drums to and from the portable! Mr. O'Reilly will be happy. We do hope you will consider supporting our building campaign which presently has a double the impact matching challenge. Any amount you can give will be doubled and contribute to paying off our 5-million-dollar debt. Please see further information on our website. <https://www.standrewshigh.ca/>

We also ask for your continued support ensuring your children are following all our school protocols. Please continue to have conversations with your children about proper uniform expectations, loose language and the responsible use of their phones; our Covid protocols are still in full effect. We appreciate your help with all of these. Together we are always more effective.

As we soon approach the expectant season of Hope I wish you health and blessings.

With Gratitude,
Mr. Glen Palahicky M.Ed
Principal



Concert Band rehearsal in the portable.

Catholic Independent Schools Diocese of Victoria – AGM:

The Annual General Meeting (AGM) of the Catholic Independent Schools Diocese of Victoria (CISDV) Society will be held on **Tuesday, November 23 at 7:00pm** virtually. There will be a private ballot election for two positions to the CISDV Board of Directors at this meeting.

For further information, contact Katja Groves, Superintendent of Schools (250-727-6893 ext 242).

From the SARHS Music Dept.

Thank you to all St. Andrew's Singers and Concert Band students who provided music for our Remembrance Assembly on Nov.10th. Your first performances were outstanding and you did your school proud. Well done!! Thanks also to all those who attended our Coffee House on Nov.17th and bought coffee from Drumroaster Coffee in support of our program. Congrats to all our student performers - it was so great to perform live again!

Hire-a-Choir - Dec.11/12th

Are you thinking of having a Christmas party this year? Looking for something to take your gathering to the next level? Consider hiring St. Andrew's Singers to provide live festive music for the season. Our singers will be holding their annual Hire-a-Choir event on Dec.10th & 11th this year. Please email Mr. O'Reilly for more info: poreilly@cisdv.bc.ca



Advent Carol Concert - Dec.15th

Our Advent Carol Concert is back on this year! Save the date: Dec.15th at 7pm in the school gym. Come and celebrate the reason for the season with readings and music by St. Andrew's Singers, Concert Band, and Jazz Band. We will also have our Advent raffle featuring chocolate, spa items and more. Stay tuned for further details!

St. Andrew's International Student Program

Host Families Needed for International Students

Are you able to offer a kind and welcoming environment in which an international student can learn and grow within your family? The St. Andrew's International Student Program is currently seeking families interested in hosting students for the up-coming semester (approx. January 22–June 30, 2022).

Students are from Italy, Colombia, Spain, Mexico & Germany (Grades 10-12).



Remuneration **\$1000 per month.**

More information can be found at the following link [Host Family Information](#) or on the SARHS website under the 'International' tab.

Please contact the Host Family Coordinator **as soon as possible:**

Hilary Parker E-mail: hparker@cisdv.bc.ca

Tel: 250-886-5596



Parent Involvement Program

WE 
VOLUNTEERS

Many thanks to many of you who have been working at getting your 10 hours of school service in. With School life gradually reopening in different ways there are opportunities to get these in. Every month there is a PSG meeting. Just attending those throughout the year will satisfy this requirement. The different fundraisers have started, hot lunch opportunities will happen in November and teachers are often looking for support and help in different ways including field trips. Please remember that all volunteers must have on file in the office the Volunteer application, Covenant of Care and Criminal Record Check. These can be found on the [school website](#). Thank you ahead of time.

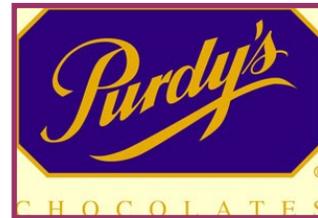
Sports Parents Committee

Please join the Sports Parents in an in-person meeting November 24th at 7:00 pm at St. Andrew's School. We will pass the budget, as well as confirm and discuss possible fundraisers. Masks will be mandatory.

If you are interested in serving hot lunch on Thursday's between approximately 11:30 and 12:45, please email Leann Finlay at boblea99@shaw.ca.

Don't forget to order your Purdy's chocolates. A fantastic gift for yourself and for loved ones which also supports St. Andrew's athletics.

Chris Crljenkovic hellohansandchris@gmail.com and Leann Finlay boblea99@shaw.ca



Parent Support Group Christmas Cheese Fundraiser

The Parent's Support Group is holding their second fundraiser of the year. They are offering the annual Paradise Island cheese pack for purchase by members of the school community.

There are 4 different types of cheese included, and this is a great deal either to feed your family or to purchase as a gift for family and friends!



Please note you can send in a cheque with the [order form](#) or pay by e-transfer. See the attached flyer/ order form for more details. Please include your child's TAG number for our reference.

The cheese packs can be ordered through November 25th. All money raised goes to support our students in various events and activities.

HOT LUNCH PROGRAM COMING SOON

Information will be sent out next week regarding the menu and prices

Senior Boys Soccer 2021

The Boys Soccer team has recently been crowned BC "A" Soccer Champions for the 5th time in school history. After finishing second in the Island Championships the boys traveled to Burnaby two weeks ago to compete in the BC "A" Boys Soccer Championships. The boys were very focused and determined to put forth the best possible effort at the BC Championships and that they did. The team had three games in pool play. The Sabres won their first game 3-0 over Mt. Elizabeth (Kitimat) and 7-0 over Osoyoos. This set up a very important showdown against Jules Verne of Vancouver. Both teams had two wins going into their third game which meant the team who won would go on to the semifinals and play for first through fourth place. The most challenging game thus far at the tournament, the Sabres showed true grit, determination and teamwork. Up against a very skilled Jules Verne, the team was able to play a really great defensive game with dangerous counterattacks. The boys came out of the third game with a 2-0 win and earned their place in the semifinal against Unity Christian. After pool play the Sabres conceded zero goals and were showing the rest of the teams they would be very difficult to break down. In the semifinal match the Sabres put forth a convincing effort. After going ahead in the match 1-0 early in the game the team never looked back and beat Unity Christian 4-1 and booked their way into the finals against our cross-town rivals GNS. In the finals, the boys faced their first test of adversity and went down 1-0 in the first two minutes of the match. To the credit of the team, they did not give up and were able to get it back in the middle of the first half. From then on, the game was back and forth with both teams playing not to lose the game. After regular time and overtime the game was still tied 1-1 and was off to a shootout. Members of the team stepped up with confidence and slotted all four attempts with our goalie making one save and one of GNS' shots going over the bar. When the final whistle blew, the St. Andrew's Sabres were crowned BC "A" Champions. Personal accolades were handed out at the end of the tournament with Matthew Pearse winning the Tournament MVP, a share of the Golden Boot and the Subway 16 Commissioners Award. Quintin Nicoll was named the Tournaments Top Goalie.

This was a full team effort. Throughout the season we had 25 players who all contributed in games and practices. Everyone had a role to play and took their role with pride and integrity. The coaching staff could not be more proud of the team, their efforts, their behaviour and their performances throughout the season.

The coaching staff would like to thank all of the players, especially the grade 12's for their contributions to the soccer program. Thank you Matthew Pearse, Quintin Nicoll, Owen Luchies, Trevor Shubrook, Luke Falzon, Tyler Finlay, Aden de Boer and Bradley Nguyen.

Congratulations!



Rowing Season 2021



This year, we had a small team of 10 dedicated rowers with only three experienced members. We trained three times a week on the water and once a week on the rowing machines. The season started the first week of September for 10 weeks. New to our coaching staff was Sam Shipley. We are grateful for all of his knowledge, dedication and enthusiasm. On a side note, every team in the city has a deluge of novice rowers -possibly due to the success of our Olympic team? Rowing's popularity is booming. For those who are interested in trying out this great sport, please grab a friend and register for a learn -to -row program. More information can be found on the VCRC-Victoria City Rowing Club website.

This year's first regatta was called the "Crabfest" Skills Regatta. No, we don't go crab fishing or eat crab...a "crab" is a rowing term that describes an event where the rowing blade goes in the water at the wrong angle. Depending on the speed of the boat, catching a "crab" can toss a rower out of the boat. This first regatta for novices is very nerve wrecking and fun at the same time. Skills tested included: emergency stops, backing, turning and racing following the directions of the umpires and referees. Our senior rowers competed in a "head" style 3 km race. The boats cross the start line one at a time and race around Elk Lake trying to pass the rowers in front of them. Congrats to Elly Relova who placed first in her singles event and to our novice 8+ who placed second.

The October Sprints Regatta had the rowers competing side by side for 1000m. After a few scenic tours, the novice crews improved every race and made their coaches proud. There were 44 entries in the novice quad event-an all-time record in high school rowing. Congrats to Claire Russel and Elly Relova-Clegg who placed second in their experienced double event. Some finals were unable to finish due to high winds on the Sunday.

Elly Relova-City Champion in 1x event

Last weekend, the rowing team competed in the City Rowing Championships. Nineteen High schools ranked from single A to quad A, competed with over 400 athletes. **Congratulations to Elly Relova-Clegg who won the Open singles category.** Another fantastic finish was a **second place** finish in the Open women's double event -Congratulations to **Claire Russell and Elly Relova-Clegg.** Our novices also raced their hearts out, improved every race and finished in the middle of the pack. A great way to end the season.





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Regional High School

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November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																		
Week ABCD	1 <i>Day 2</i> Term 2 Begins	2 <i>Day 1</i>	3 <i>Day 2</i> Staff Meeting 2:15 pm *PSBC Virtual Fair 3	4 <i>Day 1</i>	5 <i>Day 2</i> Student Council Assembly Student Council \$2 Civvies Day Report Cards published in MyEd	6																																																																																		
7 Week BADC	8 <i>Day 1</i> Purdy's Orders Begin PIT Interview Scheduling Portal Opens	9 <i>Day 2</i> PSBC Virtual Fair 4 PSG Mtg 7:00 pm	10 <i>Day 1</i> 5 Block Day Remembrance Assembly	11  NO SCHOOL Remembrance Day	12 * NO SCHOOL Lieu Day	13																																																																																		
14 Week CDAB	15 <i>Day 2</i> PSG Cheese Fundraiser Begins	16 <i>Day 1</i> Post Secondary Info 6:30-8:30 pm	17 <i>Day 2</i> PIT Interview Scheduling Portal Closes Coffee House 7:00 PM	18 <i>Day 1</i> Students dismissed at 1:30 PM *PSBC Virtual Fair 5 P/T Interviews via Zoom 2-5 pm & 6-9 pm	19 * NO SCHOOL Local Pro D Day	20																																																																																		
21 Week DCBA	22 <i>Day 2</i> Purdy's orders due	23 <i>Day 1</i>	24 <i>Day 2</i> Local School Council 6:30 PM	25 <i>Day 1</i> PSG Cheese Fundraiser Ends	26 * NO SCHOOL ICS Pro D Day	27																																																																																		
28 Week ABCD First Sunday in Advent 	29 <i>Day 2</i>	30 <i>Day 1</i> 5 Block Day Advent Mass & Wreath Feast of St. Andrew Blue & White Day Sock, Mitt and Toque Drive Nov. 29-Dec. 15																																																																																						
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5 <u>Week BADC</u> Sock, Mitt and Toque Drive Nov. 29-Dec. 15	6 <u>Day 1</u>	7 <u>Day 2</u> *PSBC Virtual Fair 7	8 <u>Day 1</u> PSG Mtg 7:00 pm	9 <u>Day 2</u> Gr. 8 Retreat	10 <u>Day 1</u> Gr 5 Activity Day with SJV and SPS Purdy's & Cheese pick up Hire a Choir	11																																																																																											
12 <u>Week CDAB</u> Sock, Mitt and Toque Drive Nov. 29-Dec. 15	13 <u>Day 2</u>	14 <u>Day 1</u>	15 <u>Day 2</u> Advent Carol Service 7:00 PM	16 <u>Day 1</u> Interim Reports Locker Clean Up	17 SVdP Assembly PA Gingerbread House Contest Staff/Student Challenge <i>School closes at noon</i>	18																																																																																											
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